

## DESIGN AND OPTIMIZATION OF EMULGEL FOR EFFICIENT DRUG DELIVERY THROUGH THE SKIN

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### Abstract:

The study aimed to enhance the topical delivery of Itraconazole through emulgel formulations using Carbopol 934 and Carbopol 940 as gelling agents. A 2<sup>3</sup> factorial design was employed to study the effects of gelling agent type, oil phase concentration, and emulsifying agent concentration on drug release. The formulations were evaluated for physical properties, viscosity, drug release, globule size, skin irritation, antifungal activity, transmission electron microscopy, and stability. Results showed all formulations exhibited acceptable physical characteristics, including color, homogeneity, spreadability, and pH. The optimized formulation demonstrated 95.08% drug release over 48 hours, with enhanced antifungal activity compared to commercial Itraconazole cream. Skin irritation tests showed no signs of edema or erythema on rat skin. Stability studies confirmed the formulations retained their properties after three months of storage. Overall, the study concluded that the optimized emulgel ensures sustained drug delivery in a controlled manner.

**Keyword:** Itraconazole, Emulgel, Topical drug delivery, Carbopol 934, Carbopol 940, Factorial design, Drug release.

### 1. Introduction

Topical drug delivery systems have gained significant attention due to their ability to deliver drugs directly to the site of action, reducing systemic side effects and improving patient compliance. Among various formulations, emulgels have emerged as a promising approach for delivering hydrophobic drugs, offering advantages such as enhanced drug release, better penetration, and prolonged retention at the application site.<sup>1-4</sup>

The delivery of hydrophobic drugs like Itraconazole, an antifungal agent, is often challenging due to their poor solubility and limited bioavailability. Traditional topical formulations, such as creams and ointments, may lack the necessary consistency and

penetration capabilities. Emulgels, a combination of emulsion and gel, overcome these limitations by incorporating hydrophobic drugs into a stable emulsion system while providing a gel's spreading and stability benefits.<sup>4-6</sup>

The concept of combining emulsions and gels was first explored to enhance the solubility and stability of drugs. Early research in topical formulations focused on improving drug

penetration through the skin. With the advancement of polymer science, agents like Carbopol 934 and 940 were introduced, which improved the viscosity, spreadability, and drug retention of topical formulations. Over the years, emulgels have been widely studied for various therapeutic applications, including antifungal, anti-inflammatory, and cosmetic uses.<sup>7-9</sup>

This study aims to investigate the potential of emulgel formulations in improving the topical delivery of Itraconazole. Emulgels were prepared using two gelling agents—Carbopol 934 and Carbopol 940—while evaluating the influence of formulation components using a factorial design. Key parameters such as drug release, antifungal activity, stability, and skin irritation were systematically assessed, with comparisons made to a commercially available Itraconazole cream.

## 2. Materials and Methods

### Materials

The chemicals were obtained from different sources and used as received. Itraconazole was a gift sample from Mylan laboratories Ltd. Nashik. Propylene glycol, Carbopol 940, Tween 80, Propyl paraben, Liquid paraffin, Span 80, Triethanolamine, Ethanol purchased from S.D fine chemicals Mumbai, India.

### Pre-formulation Study: Solubility of Itraconazole:

The solubility of Itraconazole in various solvents was carried out and the solubility was determined. Excess amount of Itraconazole (100 mg) was added to 10 ml of each solvent and taken in a 25 ml Stoppered conical flask and the mixture was shaken for 24 hrs at room temperature ( $28 \pm 10^\circ \text{C}$ ) on a rotary flask shaker. After 24 hrs of shaking, 2 ml aliquots were withdrawn at 1 hr interval and filtered using Watman filter paper. The filtered samples were diluted suitably and assayed for Itraconazole by UV spectrophotometric method. Shaking was continued until two consecutive estimations are same. The solubility experiments were conducted in triplicate.<sup>10-13</sup>

### Preparation of standard curve of Itraconazole:

An accurately weighed amount of Itraconazole equivalent to 10 mg was dissolved in small volume of methanol, in 10 ml volumetric flask. A series of standard solution containing 2.0 to 16  $\mu\text{g/ml}$  of Itraconazole were prepared and absorbance was measured at 282 nm, against reagent blank. All spectral absorbance measurements were made on Shimadzu-1700 UV-visible spectrophotometer.<sup>14-15</sup>

### Drug content and content uniformity:-

Take 1 gm of emulgel mix it in 10 ml of methanol. Filter it to obtain clear solution. Drug

concentration in emulgel was measured by spectrophotometer. Itraconazole content in emulgel was measured by dissolving known quantity of emulgel in solvent by sonication. Absorbance was measured after suitable dissolution at 282nm in UV/visible spectrophotometer.<sup>16-18</sup>

### Invitro drug diffusion study:-

Topical gel formulations were expected to release the drug quickly when they are applied to the skin for a quick relief. To test the pattern of release of drug from formulations in vitro diffusion studies were carried out. The apparatus consists of a cylindrical glass tube (with 22mm internal diameter and 76 mm height) which was opened at both the ends. 1gm of gel formulation was spread uniformly on the surface of cellophane membrane (previously soaked in water for overnight) and was fixed to the one end of tube such that the preparation occupies inner circumference of the tube. The whole assembly was fixed in such a way that the lower end of tube containing gel was just touched (1-2 mm deep) the surface of diffusion medium i.e., 100ml pH 5.5 phosphate buffer contained in 100ml beaker which was placed in water bath and maintained at  $37 \pm 2^\circ \text{C}$ . The cellophane membrane acts as a barrier between the gel phase and pH 5.5 phosphate buffers (sink phase). A quantity of 1ml samples were withdrawn from receptor fluid at the time interval of 1, 2, 3, 4, 5, 6, 7 and 8 hrs. The released drug was estimated by using Shimadzu UV-visible spectrophotometer at 282nm and 1ml phosphate buffer pH 5.5 was replaced each time.<sup>19-21</sup>

### Viscosity Determination:-

The viscosity of the gels prepared was determined using Brookfield viscometer model (LVDV-II+), the gel sample was filled in the sample holder and the particular spindle immersed into the sample, the spindle is attached to the viscometer and then it is allowed to rotate at a particular speed then viscosity of the formulation was measured after 2 minutes.<sup>22</sup>

### Accelerated stability studies of Emulgel:-

Stability studies were performed according to ICH guidelines. The formulations were stored in hot air oven at  $37 \pm 2^\circ \text{C}$ ,  $45 \pm 2^\circ \text{C}$  and  $60 \pm 2^\circ \text{C}$  for a period of 3 months. The samples were analyzed for drug content every two weeks by UV-Visible spectrophotometer at 282nm. Stability study was also carried out by measuring the change in pH of gel at regular intervals of time.<sup>23-24</sup>

**Table 1: Formulation table for Itraconazole Emulgel**

IN GR ED IE NT	BATCHES				
	F 1	F 2	F 3	F 4	F 5

S					
Itra con azol e(m g)	2 0 0	2 0 0	2 0 0	2 0 0	2 0 0
Pro pyl ene gly col( ml)	1	1	1	1	1
Car bap ol9 40( mg)	3 0 0	4 0 0	5 0 0	6 0 0	7 0 0
Tw een 80( ml)	0 . 5	0 . 5	1	1	1
Pro pyl par abe n(m g)	0 . 0 3	0 . 0 3	0 . 0 3	0 . 0 3	0 . 0 3
Liq uid par affi n(m l)	1 . 5	1 . 5	1 . 5	1 . 5	1 . 5
Spa n80 (ml)	1	1	1	1	1
Trie than ola min e	Q s	Q s	Q s	Q s	Q s
Eth anol (ml)	2	2	2	2	2
Puri fied	Q s	Q s	Q s	Q s	Q s

wat erQ S					
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## Result

### Pre-formulationStudy:

**Solubility of Itraconazole:**Itraconazole was soluble in ethanol and methanol.

### Evaluationofgels:

AppearanceTest:

**Table2.Appearance test of various formulations.**

<b>F o r m u l a t i o n</b>	<b>A p p e a r a n c e</b>
F 1	w h i t e
F 2	w h i t e
F 3	w h i t e
F 4	w h i t e

F 5	w h i t e
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**pH Test:**

The prepared Itraconazole emulgel formulations were white viscous creamy preparation with a smooth and homogeneous appearance. The pH values of all prepared formulation ranged from 5 to 5.7, which are considered acceptable to avoid the risk of irritation upon application to the skin because adult skin pH is 5.5.

**Table 3-pH determination test of various formulations**

<b>F o r m u l a t i o n</b>	<b>p H</b>
F 1	5
F 2	5 . 5
F 3	5 . 6
F 4	5 . 7
F 5	5 . 5

**Rheological properties:**

**Spreadability Test:** F3 batch showed good spreadability

**Table4: Spreadability of various formulations**

<b>F o r m u l a t i o n</b>	<b>Spre adab ility( cm)</b>
F 1 .	2.3
F 2 .	2.5
F 3 .	3.1
F 4 .	2.6
F 5 .	2.8

**Extrudability Test:**

All Formulation show good extrudability.

**Table5: Extrudability of various formulations**

<b>F o r m u l a t i o n</b>	<b>Extrud ability( gm/cm 2)</b>	<b>C o m m e n t</b>
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n		
F 1 .	3.8	G o o d
F 2 .	3.7	G o o d
F 3 .	4.2	G o o d
F 4 .	3.9	G o o d
F 5 .	4.0	G o o d

### Viscosity Determination:

The measurement of viscosity of the prepared emulgel was done with Brookfield viscometer (Brookfield DV-Eviscometer). The emulgel were rotated at 10 (min.) and 100 (max.) rotation per minute with spindle 61. At each speed, the corresponding dial reading was noted. The viscosity of the emulgel was obtained.

**Table no 6: Viscosity of various formulations**

F o r m u l a t i o n	Visc osity (cent ipoise)
F 1 .	1739 .45
F	2356



2	.44
F	1845
3	.56
F	1340
4	.42
F	2145
5	.32
F	

### Accelerated stability studies of Emulgel:

The stability study of the prepared emulgel was carried out according to ICH guidelines at  $45\pm 20^\circ\text{C}/60\pm 5\%\text{RH}$ , for 3 month by storing the samples in stability chamber.

### Parameters evaluated

- Drug content
- Dissolution profile
- pH

**Tableno.7. Accelerated stabilityformulation**

S r . N o	P ar a m et er	I n i t i a l R e s u l t s	A f t e r s t a b i l i t y S t u d y
1	D r u g C o n t e n t	9 6 . 4 5 %	96.39 %
2	p H	5	5.4

		6	
<b>3</b>	% D r u g r e l e a s e	8 9 . 1 5 ± 0 . 6 1	89.03 ±0.54

**Drug content uniformity:**

10 mg of the prepared emulgel was mixed with 10 ml of suitable solvent (methanol). Aliquots of different concentration were prepared by suitable dilution after Sonication and filtering the stock solution and absorbance was measured. Drug content was calculated using the equation, which was obtained by linear regression analysis of calibration curve. The drug content of emulgel formulation is given below.

**Table 8: Drug content uniformity of various formulations**

<b>F o r m u l a t i o n</b>	<b>D r u g c o n t e n t</b>
F 1	9 1. 1 3 ± 0. 1 6
F 2	9 3. 7 8

	± 0. 2 7
F 3 .	9 5. 1 2 ± 0. 6 7
F 4	9 0. 7 6 ± 0. 7 9
F 5	9 4. 2 4 ± 0. 4 6

### ***In vitro* drug diffusion study:**

The *in vitro* release profiles of Itraconazole from its various Gellified Emulsion formulations are represented in . It was observed that all the formulation had become liquefied and diluted at the end of the experiments, indicating water diffusion through the membrane. In general, it can be observed from figures that the better release of the drug from all Gellified Emulsion formulation. The release of the drugs from its Gellified Emulsion formulation can be ranked in the following descending order:  $F3 \geq F5 \geq F2 \geq F4 \geq F1$ , Where the amounts of the drug release of the drug released

after 24 hours were, 67.89, 70.7, 92.15, 70.16, and 63.15. respectively. Thus the higher drug release was observed with formulations F3.

**Table9: Cumulative%DrugReleaseProfileof variousGels.**

T i m e i n h r	BATCHES				
	F 1	F 2	F 3	F 4	F 5
0	0	0	0	0	0
1	1 2 . 2 6 ± . 0 . 1 3	1 1 ± 0 . 1 6	1 2 . 2 9 ± 0 . 0 2 6	1 6 . 3 8 ± 0 . 1 9	2 4 . 7 7 ± 0 . 1 4
2	1 4 . 0 5 ± . 2 6	1 2 . 2 6 ± 0 . 2 2	2 4 . 8 8 ± 0 . 5 0	2 0 . 0 2 ± 0 . 0 5	3 0 . 0 2 ± 0 . 1 6
3	1 5 . 0 1 ± . 3 1	1 3 . 6 3 ± 0 . 3 3	2 7 . 3 8 ± 0 . 3 7	2 0 . 9 8 ± 0 . 5 3	3 2 . 6 1 ± 0 . 5 6
4	1 5 . 5	1 3 . 7	3 1 . 1	2 3 . 9	3 3 . 6

	± . 2 2	7 ± 0 . 0 0 7	± 0 . 9	± 0 . 4 9	3 ± 0 . 5 3
5	1 6 . 2 ± . 1 5	1 4 . 6 ± 0 . 3 1	3 1 . 1 3 ± 0 . 1 0	2 6 . 9 7 ± 0 . 5 3	3 4 . 5 1 ± 0 . 5 8
6	1 7 . 3 5 ± 0 . 1 2	1 5 . 0 2 ± 0 . 0 0 6	3 3 . 8 1 ± 0 . 5 7	2 8 . 9 5 ± 0 . 5 1	3 5 . 2 2 ± 0 . 5 9
7	2 0 . 0 1 ± 0 . 2 1	1 6 . 2 1 ± 0 . 1 2	3 6 . 3 5 ± 0 . 1 7	3 2 . 2 6 ± 0 . 1 3	3 7 . 2 6 ± 0 . 4 5
8	2 1 . 9 7 ± 0 .	1 7 . 3 6 ± 0 .	3 9 . 7 ± 0 . 2	3 9 . 6 3 ± 0 .	4 0 . 2 2 ± 0 .

	6 0	3 7	5	3 1	3 2
9	2 2 . 5 1 ± 0 . 4 8	2 1 . 2 2 ± 0 . 4 8	4 3 . 6 1 ± 0 . 7 9	4 3 . 5 1 ± 0 . 2 5	4 4 . 0 6 ± 0 . 6 1
1 0	3 0 . 6 5 ± 0 . 3 0	2 3 . 4 1 ± 0 . 5 9	4 6 . 9 7 ± 0 . 9 2	4 8 . 8 7 ± 0 . 4 5	4 7 . 1 1 ± 0 . 2 1
1 1	3 4 . 3 3 ± 0 . 1 6	2 7 . 6 ± 0 . 5 2	5 5 . 8 3 ± 0 . 9 2	5 0 . 8 8 ± 0 . 1 3	4 8 . 2 2 ± 0 . 2 2
1 2	3 6 . 3 6 ± 0 . 1 8	3 0 . 6 1 ± 0 . 6 4	6 1 . 7 7 ± 0 . 9 4	5 2 . 2 ± 0 . 2 7	4 8 . 5 2 ± 0 . 3 1
1 3	4 1 . 0	3 3 . 4	6 5 . 1	5 0 . 2	5 0 . 2

	8 ± 0 . 2 3	1 ± 0 . 2 2	± 0 . 0 2	6 ± 0 . 0	6 ± 0 . 5 2
1 4	4 5 . 3 6 ± 0 . 2 8	3 5 . 7 6 ± 0 . 3 2	7 1 . 3 2 ± 0 . 5 0	5 1 . 2 7 ± 0 . 5 0	5 1 . 2 7 ± 0 . 4 2
1 5	4 8 . 9 6 ± 0 . 2 7	4 1 . 9 5 ± 0 . 5 1	7 7 . 5 6 ± 0 . 3 7	5 3 . 8 5 ± 0 . 3 7	5 3 . 8 5 ± 0 . 4 1
1 6	5 3 . 5 1 ± 0 . 4 1	4 8 . 0 ± 0 . 4 1	7 9 . 3 3 ± 0 . 7 9	5 5 . 8 2 ± 1 2	5 5 . 8 2 ± 3 6
1 7	5 8 . 1 2 ± 0 . 2 3	5 3 . 0 1 ± 0 . 3 5	8 1 . 3 7 ± 0 . 6 8	6 3 . 8 1 ± 3 2	5 6 . 6 3 ± 2 5

1 8	6 3 . 5 3 ± 0 . 3 2	5 7 . 4 ± 0 . 4 2	8 4 ± 0 . 4 2	6 5 . 1 ± 5 6	5 8 . 3 8 ± 5 2
1 9	6 6 . 0 2 ± 0 . 6 1	6 1 . 4 5 ± 0 . 1 2	8 6 . 2 7 ± 0 . 5 7	6 7 . 7 ± 5 4	6 2 . 0 3 ± 3 3
2 0	6 7 . 8 8 ± . 0 5 6	6 6 . 9 6 ± 0 . 3 3	8 7 . 3 8 ± 0 . 4 6	7 0 . 1 5 ± 4 1	6 5 . 3 3 ± 3 3
2 1	7 0 . 3 2 ± . 0 . 3	7 0 . 7 ± 0 . 1 8	9 2 . 0 5 ± 0 . 6 1	7 3 . 3 3 ± 1 2	6 9 . 4 1 ± 6 5



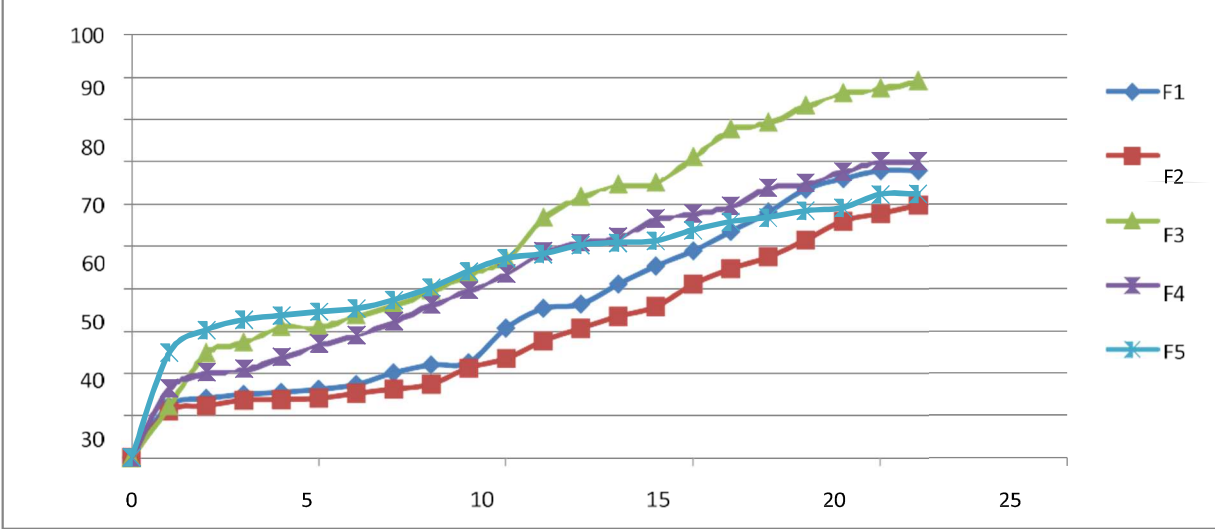


Figure1. Graph showing percentage in vitro drug release of Emulgel

Evaluation of Anti-fungal activity

Table10 Anti-fungal activity formulation

C O M P N A M E	SP E C I E S	CONC	
		50 μg / ml	100 μg / ml
S t d ( p u r	Ca ndi da Al bic ans	+ +	+ + +

e d r u g )			
F 3	Ca ndi da Al bic ans	+	+ +

**Table.11 Anti-fungalactivity formulation**

+	H	7
+	i	-
+	g	9
	h	m
	l	m
	y	
	a	
	c	
	t	
	i	
	v	
	e	
+	m	4
+	o	-
	d	6
	e	m
	r	m
	a	
	t	
	e	
+	s	3
	l	m
	i	m
	g	
	h	
	t	
	l	
	y	

-	i n a c t i v e	L e s s t h a n 3 m m
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**Skin irritation test:-**No Erythema and Edema was monitored.

**Table12. Skinirritationtest formulation**

N o o f R a t	E r y t h e m a	E d e m a
E x p e r i m e n t a l ( 4 )	N o	N o
C o n	-	-

t r o l ( 4 )		
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### 3. Conclusion:

The project was undertaken with the aim to formulate anti-fungal emulgel of Itraconazole was mainly used for various side effects of fungal disease. Itraconazole is available in the conventional dosage form like Tablet, Capsules, Gel; etc. A common problem associated with itraconazole conventional therapy is a high incidence of gastrointestinal side ulceration, and also risk of first pass effect. The rationale behind the formulation development of the anti-fungal emulgel of Itraconazole with desired release profile. There are numerous procedures reported to prepare an anti-fungal emulgel among those the procedures that uses polymers, penetration enhancers and drug are selected. The rheology of suspension system is a very important criteria, the rheological behavior was therefore studied using Brookfield viscometer. The viscosity also found to be optimum to withdraw the formulation from container. The prepared formulation of it emulgel was found to be effective.

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