

Reclassification of Agryasangraha (foremost substances) in Ayurveda w.s.r. to Srotas (Body Channels)

Dr. Pooja Modh¹, Dr. Soniya Takawale², Vd.Joshi Seema³, Dr.Suvarna P. Shelar⁴, Dr.Bharat M.Rokade⁵

1. Assistant Professor, Department of Dravyaguna, B.S.D.T. Ayurved Mahavidyalaya, Wagholi, Pune, Maharashtra – 412207
2. Associate Professor, Department of Rachana Sharir, MACH & RC, Ahmednagar, Maharashtra, 414304
3. Associate professor Rachana sharir department, Mahesh Ayurved college and Hospital, Ashti, Maharashtra - 414203
4. Associate Professor, Rachanasharir, College of Ayurved, Bharati Vidyapeeth Deemed to be University, Pune, Maharashtra - 411043
5. Associate Professor, Shalyatantra College of Ayurved, Bharati Vidyapeeth Deemed to be University, Pune, Maharashtra - 411043

Cite this paper as: Dr. Pooja Modh, Dr. Soniya Takawale, Vd.Joshi Seema, Dr.Suvarna P. Shelar, Dr.Bharat M.Rokade (2024) Reclassification of Agryasangraha (foremost substances) in Ayurveda w.s.r. to Srotas (Body Channels). *Frontiers in Health Informatics*, 13(6)623-627

Abstract:

The concept of *Srotas* is unique contribution in the understanding of anatomy of human body. These *Srotas* are classified as *Sukshma* (subtle) which are innumerable and *Sthula* (gross) which are numerable. Acharyas have described certain anatomical origin for each of the *Antarmukha Srotas* as their moolasthanas. Acharyas also described *srotodushti karana* (causative factors), *lakshana* (signs and symptoms), and the *dravyas* for *srotodushti chikitsa* (treatment). The *agrya* is the foremost or best among substances of different qualities, action and effects. The chapter *Agryasangraha* is the collection of the foremost substances. *Agryasangraha* have different groups like basis of action on Dosha, Dhatu, Mala, G.I.T., respiratory system, Prabhava, Cardio-Vascular system, Reproductive system, Urinary system, Nervous System, Skin diseases, E.N.T. disorders, Haemorrhoid disease, Usage in Panchkarma, long term usage, Aetiological factors for the diseases, Ahara-vidhi, Rasa, Effect on Mana, Related to Milk, Related to Sadavrutta, Related to Vyadhi Sutra, Related to chikitsa chatuspada and Related to Desha. Here an attempt is made to classify only *Ahara* and *Oshadha Agrya dravyas* acting on *Antarmukh Srotas* in body i.e. *Pranavaha*, *Udakavaha*, *Annavaha*, *Rasavaha*, *Raktavaha*, *Mamsavaha*, *Medovaha*, *Asthivaha*, *Majjavaha*, *Shukravaha*, *Purishvaha*, *Mutravaha*, *Swedvaha*, *Doshavaha* and multiple *Srotas* from groups. The ancient Acharyas mentions different *Ahara* and *Oshadha dravyas* for different diseases. Here try to correlate *Dravya* and their related involved *Srotas*. This correlation will help in understanding the *Srotas* related diseases and their treatment protocol from *Agrya sangraha*.

Key Words : Agrya, Foremost substances, Srotas.

Introduction:

Ayurveda classics proclaim “*Srotomayam hi Shariram*” means human body is assemblage of innumerable channels and pathways which are designed as internal transport system. The term ‘*Srotas*’ indicates all the macro and micro channels and pathways meant for nutrition, absorption, modification, conveyance, transportation and excretion of *Bhavpadarthas* throughout the body. The concept of *Srotas* is unique contribution in the understanding of anatomy of human body. These *Srotas* are classified as *Sukshma* (subtle) which are innumerable and *Sthula* (gross) which are numerable. The *sthula Srotas* are further divided into *bahirmukha* (external apertures)- 9 in males, 12 in females and *antarmukha* (internal channels) - 13 by Acharya Charak and 11 pairs by Acharya Sushrut. Acharyas have described certain anatomical origin for each of the *antarmukha Srotas* as their moolasthanas. Acharyas also described *srotodushti karana*

(causative factors), lakshana (signs and symptoms), and the dravyas for srotodushti chikitsa (treatment). The agrya is the foremost or best among substances of different qualities, action and effects. The chapter Agryasangraha is the collection of the foremost substances. In Charak Samhita total 152 *Agrya aushadha* entities mention in Sutra-sthana 25th chapter (yajjah purushiya), in Ashtanga Sangraha total 155 *Agrya aushadha* entities mention in sutrasthana 13th chapter (Agryasangrahaniya) and Astang Hrudaya utara tantra has not mentioned the exact number of *Agrya aushadha* in 40th chapter(Agryasangraha).Agryasangraha have different groups like basis of action on Dosha, Dhatu, Mala, G.I.T., respiratory system, Prabhava, Cardio-Vascular system, Reproductive system, Urinary system, Nervous System, Skin diseases, E.N.T. disorders, Haemorrhoid disease, Usage in Panchkarma, long term usage, Aetiological factors for the diseases, Ahara-vidhi, Rasa, Effect on Mana, Related to Milk, Related to Sadavrutta, Related to Vyadhi Sutra, Related to chikitsa chatuspada and Related to Desha¹.

Here an attempt is made to classify only Ahar and Oshadha Agrya dravyas acting on antarmukh *Srotas* in body i.e. Pranavaha, Udakavaha, Annavaha, Rasavaha, Raktavaha, Mamsavaha, Medovaha, Asthivaha, Majjavaha, Shukravaha, Purishvaha, Mutravaha, Swedvaha, Doshavaha and multiple *Srotas* from above mentioned groups.

Material and methods:

Ancient literatures like Charak Samhita [1], Ashtanga Sangraha [2], Ashtanga Hrudaya [3] are screened out for Agrya dravyas. Agrya dravyas are mentioned in classics in different chapters & sthanas. The agrya which are described in Charak samhita is marked by “a”. “b” is marked for *Agrya* which is mentioned in Ashtanga sangraha and “c” is for Astang hrudaya. The present critical review of available literature classifies the Agrya dravyas according to their action on various *Srotas* present in body.

Results:

Table no. 1: Agrya Varga having Action on Pranavaha Srotas:

Oushadha (medicine)	Karma (action)
Pushkarmoola (root of <i>Inula racemosa</i>)	Hikka ^{a,b} (Anti-Hiccough) Shvasa ^{a,b} (relieves dyspnoea) Kasa ^{a,b} (treats cough) Parshvashoolhara ^{a,b} (cures pain in flanks)
Kantakari (<i>Solanum surattense</i> Burm. f.)	Kasahara ^{b,c} (cures cough)
Laksha (Secretion of <i>Laccifer lacca</i> Kerr.)	Sadhya kshataghna ^b (cures haemoptysis)
Nagbala abhyasa (<i>Grewia hirsuta</i> Vahl.)	Kshya (consumption)-kshata hara ^b (cures haemoptysis)
Hingu niryasa (<i>Ferula narthex</i> Boiss.)	Chedana ^{a,b} (expectorant)
Vayu (Air)	Prana sangya pradan hetu ^{a,b} (restores consciousness or gives life)
Rasala (Shrikhanda)	Pratishaya hara ^c (cures common cold)
Madhuka (<i>Glycyrrhiza glabra</i> Linn.)	Kanthya ^{a,b} (beneficial for throat)

Table no. 2: Agrya Varga having Action on Udakavaha Srotas:

Oushadha (medicine)	Karma (action)
Udaka (water)	Kledana ^b (causes unctuousness)
Mrud-bhrushta nirvapita udakam (water with a hot clod of earth plunged therein)	Trushna ^{a,b,c} (checks excessive thirst)
Jala (water)	Stambhan ^{a,b} (stops flows)
Ushtra Ksheera (camel milk)	Udara rogahara ^b (cures abdominal disorders)
Ushtra mutra (urine of camel)	Udara rogahara ^c (cures abdominal disorders)

Table no. 3: Agrya Varga having Action on Annavaha Srotas:

Oushadha (medicine)	Karma (action)
Pippalimool (Root of Piper longum Linn.)	Dipaniya ^{a,b} (appetizer)- Pachaniya ^{a,b} (digestant)- Aanahprashamana ^{a,b} (relieves abdominal distension)
Chitrakamool (root of Plumbago zeylanica Linn.)	Dipaniya ^{a,b} (appetizer) Pachaniya ^{a,b} (digestant)
Mustaka (Cyperus rotundus Linn.)	Dipaniya ^{a,b} (appetizer) Pachaniya ^{a,b} (digestant)
Udichya (Pavonia odorata Willd.)	Nirvapana ^{a,b} (refrigerant) Dipaniya ^{a,b} (appetizer) Pachaniya ^{a,b} (digestant) Chhardihara ^{a,b} (anti-emetic)
Katavanga (Oroxylum indicum Vent.)	Dipaniya ^{a,b} (appetizer) Pachaniya ^{a,b} (digestant)
Guduchi (Tinospora cordifolia (Willd.) Hook. f. And Thomas.)	Dipaniya ^{a,b} (appetizer)
Bilva (Aegle marmelos Corr.)	Dipaniya ^{a,b} (appetizer)
Ativisha (Aconitum heterophyllum Wall.)	Dipaniya ^{a,b} (appetizer) Pachaniya ^{a,b} (digestant)
Prushniparni (<i>Uraria picta</i> Desv.)	Dipaniya ^{a,b} (appetizer)
Hinguniryasa (<i>Ferula narthex</i> Boiss.)	Dipaniya ^{a,b} (appetizer)
Amlavetasa (<i>Garcinia indica</i> Chois.)	Dipaniya ^{a,b} (appetizer)
Yavashook (barley ash)	Pachaniya ^{a,b} (digestant)
Takra-Abhyasa (habitual use of buttermilk)	Grahanidoshahara ^{a,b,c} (cures sprue syndrome)
Kravyanmamsarasabhyaso (habitual use of meat soup of carnivorous animal)	Grahanidoshahara ^{a,b} (cures sprue syndrome)
Mrud-bhrushta nirvapita udakam (water with a hot clod of earth plunged therein)	Chhardihara ^{a,b,c} (anti emetic)
Laja (parched paddy)	Chardihara ^{b,c} (anti emetic)
Lashuna (<i>Allium sativum</i> Linn.)	Gulmahara ^b (cures abdominal growths)
Erandtaila abhyasa (habitual use of castor oil)	Gulma ^b (cures abdominal growth)- Anil-shool hara ^b (relieves colic pain)
Sam shukta adrak matra (green ginger mixed with equal quantity of vinegar)	Agnimandya nashak ^c (increases appetite)
Taila gandusha abhyasa (habitual gargling with tila taila)	Ruchikara ^{a,b} (relishable)
Madanphala (<i>Randia spinosa</i> Pior.)	Vaman ^{a,b} (used in emesis)
Takra abhyas (habitual use of buttermilk)	Grahanidosha hara ^{a,b} (cures sprue syndrome)
Kravya mamsa abhyasa (habitual use of meat soup of carnivorous animal)	Grahanidosha hara ^{a,b} (cures sprue syndrome)
Lavana (salty)	Annadravya ruchikara ^{a,b} (appetizer)

Table no. 4: Agrya Varga having Action on Rasavaha Srotas:

Oushadha (medicine)	Karma (action)
Rasa (soup)	Tarpaniya ^a (refreshing), Prinaniya ^b (satiation)
Mustaka (<i>Cyperus rotundus</i> Linn.)P	Jvara hara ^c (anti pyretic)
Parpataka (<i>Fumaria indica</i> Pugsley)	Jvara hara ^c (anti pyretic)
Ayoraja (rusted iron)	Pandu rogahara ^{b,c} (cures anaemia)
Madhuka (<i>Glycyrrhiza glabra</i> Linn.)	Varnya ^{a,b} (promotes complexion of skin)
Amla (sour)	Hrdya ^{a,b} (provides strength to heart)

Table no. 5: Agrya Varga having Action on Raktavaha Srotas:

Oushadha (medicine)	Karma (action)
Khadir (Acacia catechu Willd.)	Kushthaghna ^{a,b,c} (curing skin diseases)
Pipalli (Piper longum Linn.)	Pleeha roga hara ^c (cures spleen disorders)
Guduchi (Tinospora cordifolia (Willd.) Hook. f. And Thomas.)	Vatarakta hara ^c (cures gout)
Aja ksheer (milk of goat)	Raktasangrahika ^{a,b} (haemostatic) Raktapitta prashamana ^{a,b} (cures intrinsic haemorrhage)
Ananta (<i>Hemidesmus indicus</i> R. Br.)	Raktapitta prashamana ^{a,b} (cures intrinsic haemorrhage)
Utpala (<i>Nymphaea speciosum</i>)-Kumud (<i>Nymphaea alba</i> Linn.)- Padma(<i>Nelumbo nucifera</i>)- Kinjalaka (stigma of kamla)	Raktapitta prashamana ^{a,b} (cures intrinsic haemorrhage)
Gandhpriyangu (<i>Callicarpa macrophylla</i> Vahl)	Shonitpitta atiyoga prashamana ^{a,b} (alleviates excessive intrinsic haemorrhage)
Kashmaryaphala (<i>Gmelina arborea</i> Linn.)	Raktasangrahika ^{a,b} (haemostatic)- Raktapitta prashamana ^{a,b} (cures intrinsic haemorrhage)
Vasa (<i>Adhatoda vasica</i> Nees)	Raktapitta prashamana ^{a,b} (cures intrinsic haemorrhage)
Sheeta jala-Sheeta vayu (cold water-cold air)	Murcha hara ^c (anti syncope)
Chandana (<i>Santalum album</i> Linn.)	Daha Nirvapana ^{a,b} (removes burning sensation)
Rasna (<i>Pluchea lanceolata</i> Oliver & hiern.) Agru (<i>Aquilaria agalocha</i> Roxb.)	Shitapanayan Pralepana ^{a,b} (application of these dispel coldness of body)
Lammajjak (<i>Cymbopogon jivarancusa</i>) Ushira (<i>Vetiveria zizanioides</i> (Linn.) Nash)	Daha ^{a,b} (cures burning sensation)

Udumbara (<i>Ficus glomerata</i> Linn.)	Nirvapana ^b (refrigerant)
Madhuka (<i>Glycyrrhiza glabra</i> Linn.)	Virajaniya ^{a,b} (Normalize pigmentation) Ropaniya ^{a,b} (promote healing)

Table no. 6: Agrya Varga having Action on Mamsavaha Srotas:

Oushadha (medicine)	Karma (action)
Mamsa (meat)	Bruhaniya ^{a,b} (nourishing), Karshaya hara ^c (cures emaciation) Shosa hara ^c (cures consumption)
Kukkuto (chicken's meat)	Balya ^{a,b} (strength promoter)
Gavedhuka anna (Coix lachryma jobi Linn.)	Karshaniya ^{a,b} (emaciating)
Chandana (<i>Santalum album</i> Linn.)	Lepa ^{a,b} (used as local application)
Lammajjak (<i>Cymbopogon jivarancusa</i>) Ushira (<i>Vetiveria zizanioides</i> (Linn.) Nash)	Twakdosha ^{a,b} (cures Skin diseases) Pralepana ^{a,b} (used as local application)
Udumbara (<i>Ficus glomerata</i> Linn.)	Lepanama ^b (used as local application)
Kushtha (<i>Saussurea lappa</i> C. B. Clarke)	Abhyanga ^{a,b} (useful in massage therapy)- Upanaha Upyogi ^{a,b} (useful in poultice therapy)

Table no. 7: Agrya Varga having Action on Medovaha Srotas:

Oushadha (medicine)	Karma (action)
Udalakanna (Paspalum scrobiculatum Linn.)	Virukshana ^{a,b} (reduces unctuous element)
Guggulu (Commiphora mukul Engl.)	Medo hara ^{b,c} (cures obesity)
Sura (alcoholic beverages)-	Shosa hara ^c (cures consumption)
Haridra (Curcuma longa Linn.)	Prameh hara ^b (checks urinary anomalies)
Dhatri-Nisha (Curcuma longa Linn. - Emblica officinalis Gaertn.)	Prameha hara ^c (checks urinary anomalies)
Rasanjana (Berberis aristate Roxb.ex.Dc.)	Medoroga hara ^c (cures obesity)

Table no. 8: Agrya Varga having Action on Asthivaha Srotas:

Laksha (Secretion of Laccifer lacca (Kerr)	Sandhana kara ^c (union promoter)
Madhuka (<i>Glycyrrhiza glabra</i> Linn.)	Keshya ^{a,b} (hair tonic)
Taila gandusha abhyasa (habitual gargling with tila taila)	Danta bala ruchikara ^{a,b} (promoting taste in food and strengthens the teeth)

Table no. 9: Agrya Varga having Action on Majjavaha Srotas:

Oushadha (medicine)	Karma (action)
Mahish ksheer (buffalo's milk)	Swapnajanana ^{a,b} (produces sound sleep)
Sura (alcoholic beverages)	Shrama hara ^{a,b,c} (dispelling fatigue)
Purana Ghruta (old Ghee)	Unmadaroga hara ^c (cures insanity)
Madhya (alcoholic beverages)	Shoka hara ^c (relieves grief)
Brahmi (<i>Bacopa monieri</i> Linn.)	Apasmarahara ^c (cures epilepsy)
Ksheera (milk)	Nidra nasha hara ^c (cures insomnia)
Navneet –khanda (butter)	Ardita hara ^c (cures facial paralysis)
Madhuka (<i>Glycyrrhiza glabra</i> Linn.)	Chakshushya ^{a,b} (promotes the vision)
Triphala (tri-myrobalans)	Timiraghna ^b (cures myopia) Netrarogahara ^c (cures eye diseases)
Pratyakapushpa (<i>Achyranthes aspera</i> Linn.)	Shirovirechana ^{a,b} (eliminating doshas from head/these are errhines)

Table no. 10: Agrya Varga having Action on Shukravaha Srotas:

Nakaretasa (semen of Crocodile)	Vrushya ^{a,b} (aphrodisiac)
Erandmool (root of <i>Ricinus communis</i> Linn.)	Vrushya ^{a,b} (aphrodisiac)
Prushniparni (<i>Uraria picta</i> Desv.)	Vrushya ^{a,b} (aphrodisiac)
Vidarigandha (<i>Desmodium gangeticum</i> DC.)	Vrushya ^{a,b} (aphrodisiac)
Madhuka (<i>Glycyrrhiza glabra</i> Linn.)	Vrushya ^{a,b} (aphrodisiac)
Kshara (alkali)	Punsatvaupaghati ^{a,b} (Loss of virility)
Samagrutsaktu abhyasa (habitual use of diet consisting of equal part of ghee and roasted corn flour)	Vrushya ^{a,b} (aphrodisiac)

Table no. 11: Agrya Varga having Action on Purishvaha Srotas:

Yava (<i>Hordeum vulgare</i> Linn.)	Purishjanana ^{a,b} (increases the quantity of faeces)
Vidang (<i>Embelia ribes</i> Burm.f.)	Krumighna ^{a,b,c} (anti-anthelmintics)
Trivrutt (<i>Operculina turpethum</i> Silva Manso)	Sukhvirechaka ^{a,b} (causes easy purgation)
Aaragvadha (<i>Cassia fistula</i> Linn.)	Mruduvirechaka ^{a,b} (causes mild purgation)
Snuhi ksheer (<i>Eubhorbia neriifolia</i> Linn.)	Tikshnavirechaka ^{a,b} (causes strong purgation)
Mustaka (<i>Cyperus rotundus</i> Linn.)	Sangrahika ^{a,b} (absorbent)
Udichya (<i>Pavonia odorata</i> Willd.)	Sangrahika ^{a,b} (absorbent)
Katavanga (<i>Oroxylum</i>	Sangrahika ^{a,b} (absorbent)

indicum Vent.)	
Ananta (Hemidesmus indicus R. Br.)	Sangrahika ^{a,b} (absorbent)
Guduchi (Tinospora cordifolia (Willd.) Hook. f. And Thomas.)	Sangrahika ^{a,b} (absorbent) Vibandhprashamana ^{a,b} (relieves constipation)
Bilva (Aegle marmelos Corr.)	Sangrahika ^{a,b} (absorbent)
Ativisha (Aconitum heterophyllum Wall.)	Sangrahika ^{a,b} (absorbent)
Kutajavaka (bark of Holarrhena antidysenterica Wall.)	Sangrahik ^{a,b} (absorbent) Upashoshana ^{a,b} (desiccant)
Prushniparni (<i>Uraria picta</i> Desv.)	Sangrahik ^{a,b} (absorbent)
Bala (<i>Sida cordifolia</i> Linn.)	Sangrahik ^{a,b} (absorbent)
Hinguniryasa (<i>Ferula narthex</i> Boiss.)	Anulomaniya ^{a,b} (carminatives)
Amlavetasa (<i>Garcinia indica</i> Chois.)	Bhedaniya ^{a,b} (drastic purgative)- Anulomaniya ^{a,b} (carminatives)
Samagrutsaktu abhyasa (habitual use of diet consisting of equal part of ghee and roasted corn flour)	Udavartahara ^{a,b} (checks upward movement of vayu)
Chitraka moola (root of <i>Plumbago zeylanicum</i> Linn.)	Gudashotha ^{a,b} (cures inflammation in anal region)-arsha hara ^{a,b} (treats haemorrhoids)
Yavashook (barley ash)	Sranshaniya ^{a,b} (laxative) Arshahara ^{a,b} (treats haemorrhoids)
Takra abhyas (habitual use of buttermilk)	Arshahara ^{a,b} (treats haemorrhoids)
Kravya mamsa abhyasa (habitual use of meat soup of carnivorous animal)	Arshahara ^{a,b} (treats haemorrhoids)
Bhallataka (<i>Semicarpus anacardium</i> Linn. f.)	Shushkarsha ^{b,c} (treats dry haemorrhoids)
Chitrak moola (root of <i>Plumbago zeylanicum</i> Linn.)	Shushkarsha ^b (treats dry haemorrhoids)
Kutaj (<i>Hollarhena antidysenterica</i> Wall.)	Atisarahara ^c Raktarshahara ^b (treats bleeding haemorrhoids)
Madanphala (<i>Randia spinosa</i> Pior.)	Aasthapana ^{a,b} (useful for corrective enema)- Anuvasan upayogi ^{a,b} (useful for unctuous enema)
Trivrutt (<i>Operculina terpepethum</i> Silva Manso)	Sukhvirechaka ^{a,b} (causes easy purgation)
Aaragvadhya (<i>Cassia fistula</i> Linn.)	Mruduvirechaka ^{a,b} (causes mild purgation)
Snuhiksbeer (latex of <i>Euphorbia neriifolia</i> Linn.)	Tikshnavirechaka ^{a,b} (causes strong purgation)

Table no. 12: Agrya Varga having Action on Mutravaha Srotas:

Ikshu (<i>Saccharum spontarum</i> Linn.)	Mutrakanana ^{a,b} (causes diuresis)
Gokshura (<i>Tribulus terrestris</i> Linn.)	Mutrakruchahara ^{a,b,c} (cures dysuria)
Shilajeet (<i>Asphaltum punjabianum</i>)	Basti roga hara ^c (cures diseases of urinary bladder)

Table no. 13: Agrya Varga having Action on Swedvaha Srotas:

Chandana (<i>Santalum album</i> Linn.)	Durgandhahara ^{a,b} (removes foul odour)
Lammajak (<i>Cymbopogon jivarancusa</i>)- Ushira (<i>Vetiveria zizanioides</i> (Linn.) Nash)	Svedaapanayana ^{a,b} (decreases sweating)
Ushtra Ksheera (camel milk)	Udara rogahara ^b (cures abdominal disorders)
Ushtra mutra (urine of camel)	Udara rogahara ^c (cures abdominal disorders)

Table no. 14: Agrya Varga having Action on Multiple Srotas:

Ksheer-Ghruta abhyasa (habitual use of Milk and ghee)	Rasayana ^{a,b} (rejuvenator)
Nagbala abhyasa (habitual use of <i>Grewia hirsuta</i> Vohl.)	Kshaya ^b (cures consumption)
Sarvaras abhyasa (regular intake of food having all taste)	Balakara ^{a,b} (promotes strength)
Takra-Abhyasa (Habitual use of buttermilk)	Shophahara ^{a,b} (cures swelling)
Ekarasa abhyasa (regular intake of food having only one taste)	Daurbalyakara ^{a,b} (causing weakness)
Ksheera (milk)	Jivaniya ^{a,b} (vitalizes)
Kravya mamsa abhyasa (habitual use of meat soup of carnivorous animal)	Shopha hara ^{a,b} (cures swelling)
Aja ksheera (goat milk)	Shoshaghna ^{a,b,c} (curing consumption)- stanya (galactagogue)-satmya (wholesome)
Ushtra Ksheera (camel milk)	Shvayathu hara ^b (reduces oedema)
Shirish (<i>Albizia lebeck</i> Benth.)	Vishghna ^{a,b,c} (anti-poisonous/Antidote)
Swarna bhasma (gold Ash)	Gara visha nashaka ^c (antidote of herbal poison)
Shilajeet (Asphaltum)	Sarva roga hara ^c (cures all diseases)
Aamlaki (<i>Emblica officinalis</i> Gaertn.)	Vayasthapana ^{a,b,c} (anti ageing)
Haritaki (<i>Terminalia chebula</i> Retz.)	Pathya ^{a,b} (wholesome)
Sura (alcoholic beverages)	Shosh hara ^c (curing consumption)
Bala (<i>Sida cordifolia</i> Linn.)	Balya ^{a,b} (strength promoter)
Sheeta jala-Sheeta vayu (cold water-cold air)	Murcha hara ^c (anti syncope)

**Table no. 15: Agrya Varga having Action on Doshavaha Srotas:
Dosha-Shamak (pacify doshas):**

S r . N o .	Va ta ha ra	P it t a - h a r a	K a p h a h a r a	V a t a - P i t t a S h a m a k a	V at a- ka p ha S ha m ak a	Pitt a- Ka pha Sha ma ka	Sa rva dos ha ha ra
Karma (action)							
1.	Ba sti a,b,c (E ne ma)	V ir e c h a n a a,b .c (P u r g at io n)	V a m a n a ^a ,b, c (E m e si s)	-	-	-	-
Oushadha (medicine)							
2.	Ra sna a,b (Pl uc he a lan ceo lat a	G h r ut a ^c	G u d u c hi a,b (T in o	G h r u t a a, b (G h	Ta ila a,b (O il)	Ma dhu a,b (Ho ney)	Ati vis ha a,b (Ac oni tu m het ero phy

	Oli ver & hie rn.)		s p o r a c o r di fo li a)	e e)			llu m Wa ll.)
3.	Era nd a mo la a,b (r oot of <i>Ric inu s co m mu nis</i> Lin n.)	-	M a d h u c	B i l v a a, b (<i>A e g l e m a r m e l o s</i> C o r r .)	Hi ng u ni ry as a a,b (<i>F er ul a na rt he x</i> B oi ss.)	Dur alab ha a,b (<i>Fa gon ia cret ica</i> Lin n.)	Vi dar iga nd ha a,b (<i>D es mo diu m ga nge tic um</i> DC)
4.	Gu du chi a,b (<i>Ti nos por a cor dif oli</i>	-	-	-	A ml av et as a a,b (<i>G ar ci ni</i>	Kut aja Tw ak a,b (bar k of <i>Hol arr hen a</i>	-

	<i>a</i> (W illd) Ho ok. f. An d Th om as.)				<i>a</i> <i>in</i> <i>di</i> <i>ci</i> <i>a</i> C ho is.)	<i>anti</i> <i>dys</i> <i>ente</i> <i>rica</i> Wal l.)	
5.	Pru shn i par ni _{a,b} (<i>U</i> <i>rar</i> <i>ia</i> <i>pic</i> <i>ta</i> De sv.)	-	-	-	H ari ta ki °(<i>Te</i> <i>r</i> <i>mi</i> <i>na</i> <i>lia</i> <i>ch</i> <i>eb</i> <i>ul</i> <i>a</i> R et z.)	-	-
6.	Bal a _{a,b} (<i>Si</i> <i>da</i> <i>cor</i> <i>dif</i> <i>oli</i> <i>a</i> Lin n.)	-	-	-	-	-	-
7.	Go ksh ura _{a,b} (<i>Tr</i> <i>ibu</i> <i>lus</i> <i>teri</i> <i>sst</i> <i>ris</i>	-	-	-	-	-	-

	Lin n.)						
8.	Ku sht ha a,b (<i>Sa uss ure a lap pa</i> C. B. Cla rke)	-	-	-	-	-	-
9.	Era ndt ail a ^{a,b} (oil of <i>Ric inu s co m mu ni</i> Lin n.)	-	-	-	-	-	-
10.	La shu na ^{b,c} (<i>All iu m sat ivu m</i> Lin n.)	-	-	-	-	-	-
11.	Gu gg ulu ^{b,c} (<i>C om mi</i>	-	-	-	-	-	-

	<i>ph ora mu kul En gl.)</i>						
12.	Tai la ^c (Oil)						

Discussion

Here Agrya Ahar and Oshadha dravyas classify into action on *Srotas* of body like Pranavaha, Udakavaha, Annavaha, Rasavaha, Raktavaha, Mamsavaha, Medovaha, Asthivaha, Majjavaha, Shukravaha, Purishvaha, Mutravaha, Swedvaha and multiple **Srotas**.

Here we tried to classify the agrya ahar and oshadha dravyas according to their action on SrotoMoola and their related Karma.

	<i>Srotas</i>	Sroto Mool (Acharya Charak)⁵	Sroto Mool (Acharya Sushrut)⁶	Karma (Action) of Agrya Dravya on <i>Srotas</i>
	Pranavah <i>Srotas</i>	Hridaya, Maha <i>Srotas</i>	Hridaya, Rasvaahi Dhamani	Shvashara, Kasahara, Kshayaghna, Kshatahara, Hikka, Parshwashoola, Pratishtay
	Udakovah <i>Srotas</i>	Taalu, Klom	Taalu, Klom	Kledana, Stambhan, Trushna, Udara rogahara
	Annava ah <i>Srotas</i>	Aamashya ,Vaampars ha	Aamashya, Annava hi Dhamni	Dipaniya, Pachaniya, Aanahprashamana, Nirvapana, Chhardihara, Grahanidoshahara, Gulmahara, Anil-shoolhara, Agnimandyanashak, Annadravyaruchikara etc.
	Rasava ah <i>Srotas</i>	Hridaya , Dash Dhamni	Hridaya, Rasvaahi Dhamni	Tarpaniya, Prinaniya, Jvarahara, Pandu rogahara, Varnya, Hrdya etc.
	Raktavah <i>Srotas</i>	Yakrit, Pleea	Yakrit,Pleea, Raktavaahi Dhamni	Pleea roga hara, Kushtaghna, Vatarakta hara, Raktasangrahika, Raktapitta prashamana, Shonitpitta atiyoga prashamana, Murchahara, Dahanirvapana, Virajaniya, Ropaniya etc.
	Mamsavah <i>Srotas</i>	Snayu, Twak	Snayu, Twak, Raktavaahi Dhamni	Bruhaniya, Karshyahara, Shosahara, Lepanam, Abhyanga, Upanaha upayogi , Twakdosahara
	Medovah	Vrikka Mool,	Kati, Vrikka	Virukshana, Medohara, Shosahara, Pramehaghna

	<i>Srotas</i>	Vapavhan		
	Asthivah <i>Srotas</i>	Medo Mool, Jaghan Pradesh	—	Sandhana kara, Keshya, Danta bala ruchikara
	Majjavah <i>Srotas</i>	Asthimool , Sandhi	—	Swapnajanana, Shramahara, Unmadaroga hara, Shokahara, Apasmarhara, Nidranasha-hara, Arditahara, Chakshushya, Timiraghna, Netrarogahara, Shirovirechana etc.
	Shukravah <i>Srotas</i>	Vrishana, Sheph	Stana, Vrishana	Vrushya, Punsatvaupaghati
	Mutravah <i>Srotas</i>	Basti, Vankshan	Medra, Basti	Mutrajanana, Mutrakruachara, Basti roga hara
	Purishvah <i>Srotas</i>	Pakvashya , Sthool Guda	Guda, Pakvashya	Purishjanana, Krumighna , Sukhvirechaka, Mruduvirechaka ,Tikshnavirechaka ,Sangrahika ,Anulomaniya, Bhedaniya Udavartahara Gudashotha Sranshaniya Arshahara, Shushkarsha Atisarahara Raktarshahara Aasthapana a,b (useful for corrective enema)- Anuvasan upayogi a,b (useful for unctuous enema)
	Swedavah <i>Srotas</i>	Meda, Romakoo p	—	Durgandhahara , Svedaapanayana, Udara rogahara
	Artavah <i>Srotas</i>	—	Garbhashaya, Artavaahi Dhamni	

Conclusion

In *Srotas* chapter the ancient Acharyas mentions *Srotas* and their moola sthana. In the Agrya dravya section, the ancient Acharyas mentions different Ahara and Oshadha dravyas for different diseases. Here try to correlate Dravya and their related involved *Srotas*. This correlation will helps in understanding the *Srotas* related diseses and their treatment protocol from agrya sangraha.

References:

1. MODH POOJA (2019), A Critical analysis on Agrya Sangraha (Foremost Substances) in Ayurveda. *INTERNATIONAL JOURNAL OF SCIENTIFIC & TECHNOLOGY RESEARCH, VOLUME 8, (ISSUE 11,)*, 1082–1097. International Journal Of Scientific & Technology Research Volume 8, Issue 11, November 2019 ISSN 2277-8616 IJSTR©2019
www.ijstr.orghttps://www.researchgate.net/publication/337337997_A_Critical_Analysis_On_Agrya_Sangraha_Foremost_Substances_In_Ayurveda
2. Charaka Samhita of Agnivesha, edited by Dr Brahmanand Tripathi, Chaukhambha Surbharati Prakashan, Varanasi. Edition 2016, Sutra sthana, Chapter 25 Yujiyapurushiya adhyaya, verse no. 40, page no.453-459
3. Ashtanga Sangraha of Vagbhata, edited by Kaviraj Atrideva Gupt, Chaukhambha Prakashan, Varanasi. Reprint Edition 2016, Sutra sthana, Chapter 13 Vajikarana vidhi, verse no. 48-57, page no. 832-833.
4. Ashtanga Hrudayam of Vagbhata, edited by Kaviraj Atrideva Gupt, Chaukhambha Prakashan, Varanasi. Reprint Edition 2016, Utara-tantra, Chapter 40 Vajikarana vidhi, verse no. 48-57, page no. 832-833.
5. Carak Samhitā -Vidyotini Hindi Commentry –Pt. Kashinath Shastri and G.N. Chaturvedi, Part 1st, Page No. 710-712
6. Suśruta Samhitā- Kaviraj Ambikadatta Shastri, part 1st Chaukambha Sanskrit series, Varanasi 14th edition2001, Page No. 96-97